

Pool Schedule
June 29-Aug 31, 2008

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday & Sunday |
|----------|---------------------------------|-----------------------|-------------------------|-----------------------|-------------------------|-------------------------|
| 6-8am | Fitness Swim 6-8am | | | | | |
| 8-9am | Aquafit | Fitness | Aquafit | Fitness | Aquafit | |
| 9-10am | Daycamp Lessons | | | | | |
| 10-11am | Swimming Lessons 10-12pm | | | | | |
| 11-12pm | | | | | | |
| 12-1pm | Fitness Swim & Swimming Lessons | | | | | |
| 1-2pm | CCC | Fire & Ice Aquafit | CCC | Fire & Ice Aquafit | CCC | Public Swim 1-4pm |
| 2-3pm | Public Swim 2-4:30pm | | | | | |
| 3-4pm | | | | | | |
| 4-4:30pm | Swim Club 4:30-6pm | | | | | Rental Time |
| 4:30-5pm | | | | | | |
| 5-6pm | | | | | | |
| 6-7pm | Public Swim 6-8pm | CCC | Public Swim 6-8pm | CCC | Public Swim 6-8pm | |
| 7-8pm | | Deep Water Fitness | | Deep Water Fitness | | |
| 8-9pm | Fitness Swim 8-9pm | | | | | |

Sessions

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| 1. June 30-July 4 (No lesson July 1) | 4. July 21-25 |
| 2. July 7-11 | 5. July 28-Aug 1 |
| 3. July 14-18 | 6. Aug 11-15 |
| | 7. Aug 18-22 |

Times

Preschool 1 & 2: 10-10:45
 Preschool 3 & 4: 11-11:45
 Preschool 5: 12-12:45
 Swimmer 1 & 2: 10-10:45
 Swimmer 3 & 4: 11-11:45
 Swimmer 5 & 6: 12-1pm
 Rookie/Ranger/Star: 9-10am (Session 4 & 7)
 Stroke Improvement: 11am-12pm (Aug 5-8)

**The Claresholm Aquatic Centre will be Closed
July 1 for Canada Day & Aug 4 for Heritage Day.**